

**DONT
CHOOSE
CONQUER
BOTH**

CRICKET



ACADEMICS

**PROSPECTUS
2026/27**



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DIRECTOR'S MESSAGE

Dear Parents and Budding Cricketers,

Your days of worry are now over for those sons and daughters who wish to pursue cricket but are confused because of overlapping academic and sports schedules.

We are proud to introduce the first-of-its-kind program in India, where budding boy and girl cricketers can take admission in Classes 4th to 12th (as per their choice) and continue their schooling with us up to Class 10th (CBSE Board) along with:

* High-quality academic education by top teachers- Professional cricket training by experienced and reputed coaches

SPECIAL ADVANTAGE OF THIS PROGRAM :

After Class 10th, based on the child's skills, talent, interest, and passion, we will properly guide parents on whether:

- The child should continue professionally in cricket
- OR
- Switch focus completely towards academics

As you know, Class 11th and 12th are the most crucial years of a student's life.

Without proper guidance and realistic assessment (whether strong in cricket or academics), many students struggle after Class 12th.

Our program ensures clarity and the right direction at the right time which is class 10th.

Sandeep Gupta

Director,

Sandeep Powered by Doon Defence Academy

***BUILDING THE NEXT GENERATION OF 'ATHLETE-SCHOLARS'
THROUGH WORLD-CLASS CRICKET AND ACADEMIC EXCELLENCE.***



CEO'S MESSAGE

Dear Parents and Future Champions,

For too long, Indian families have been forced to answer an unfair question: "Should my child focus on their education, or follow their passion for sports?"

At Trishakti Youth Hub, we believe this question is old-fashioned.

We have a singular mission: to prove that Academic Brilliance and Sporting Mastery go hand in hand.

I say this not just as an administrator, but as living proof. Having scored 90% and above in board exams while competing at National Levels (U-14, U-16), BCCI U-19 Board trophy and later playing professionally in the UK Staffordshire Premier League and representing the best university cricket team in the world, I know that the discipline required to master the sport is the same discipline required to ace exams.

However, I also know the struggle. I know the fatigue of traveling for tournaments without academic support, and the fear of "falling behind."

That is why Trishakti is different.

By combining the world-class sports science I have experienced at the best university in the world for sports with the trusted, disciplined legacy of the Doon Defence Academy, Our disciplined, engaged environment ensures your child stays far away from mobile addiction and bad company, keeping them focused on their goals. We have built an ecosystem where your child is supported 24/7. We don't just train athletes; we shape young minds who are physically elite, mentally resilient and academically secure.

Whether your child's future lies in professional cricket, a global university, the armed forces, pilot etc. our promise is simple: We build disciplined achievers.

We don't ask your child to choose between books and the ball. We teach them to conquer both.

Welcome to the future of education.



**BUILDING THE NEXT GENERATION OF 'ATHLETE-SCHOLARS'
THROUGH WORLD-CLASS CRICKET AND ACADEMIC EXCELLENCE.**



Eklavya Gupta

CEO - Trishakti Youth Hub
(Powered by Doon Defence Academy)
Loughborough University Alumnus



ACADEMICS, CRICKET, NO COMPROMISE

Building the next generation of 'Athlete-Scholars' through world-class cricket and academic excellence.



ABOUT US

Trishakti Youth Hub is a modern residential sports and academic development center committed to nurturing the next generation of disciplined, confident and high-performing individuals.

Our residential campus offers a safe, structured and inspiring environment where students can pursue their passion for sports while continuing their academic education. With well-planned hostel facilities for both boys and girls, smart classrooms and a wide range of sports infrastructure including an indoor swimming pool, badminton courts, basketball court and cricket facilities the campus is designed to provide students with the resources they need to grow both physically and intellectually.

Discipline, teamwork, resilience, and leadership are values that are cultivated through daily training and mentorship. Our coaching team consists of experienced professionals who focus not only on technical skill development but also on building the mental strength required for competitive sports.

By maintaining a balanced approach between education and athletics, we aim to provide students with the flexibility to explore professional opportunities in sports while keeping their academic foundation strong.



THE VISION

Stop Choosing Between Books and the Bat. At Trishakti Youth Hub, we reject the old model that forces students to sacrifice sports for grades (or vice versa). We integrate them. We have created an ecosystem where young minds excel in the classroom and dominate on the pitch.





The Cost of Waiting

Most parents wait until Class 11 to think about a career. By then, it's often too late. At Trishakti, we believe in the power of Timing.



1

TIMELY DECISION

Choosing an integrated ecosystem (Cricket + Academics) in Grades 4th to 12th is the single most important decision for your child's foundation. It gives them exposure and they find out what they are good at.



2

TIMELY DIRECTION

We will guide your child with a detailed report, in which field they are good at and which field they should focus on in the future, which is really important for their success as time is crucial at that age.



3

TIMELY RESULT

We don't guess. We engineer success, instead of wasting time, we provide report at such a time where its really important to secure your career.



THE CAREER GUARANTEE : THE CLASS 10 'FUTURE-PATH'

We Don't Just Train; We Direct. Unlike other academies that leave you guessing, we provide a definitive roadmap. After Class 10th, every student receives a comprehensive Career Assessment Report. Leveraging Doon Defence Academy's decades of experience, we analyse your child's data to recommend the specific pathway where they will succeed most:

Professional Cricket : For those with elite potential.

Academics/Foreign Universities : For those showing scholarly brilliance.

Uniformed Services : Recommendations for the Armed Forces, Merchant Navy, or CPL (Commercial Pilot License).

We ensure that at age 16, your child isn't lost, they are launched on a path specifically chosen for their strengths.

THE OUTCOME

We are not just building cricketers, we are shaping disciplined achievers with great personality. Whether they hold a bat, a degree or a rank, Trishakti graduates emerge as resilient, confident, and complete individuals.



PERFORMANCE CRICKET TRAINING

Our programme is designed for players aiming for district, state, or national-level competition. Students train under experienced cricket coaches who focus on advanced skill development.

- **Advanced batting and bowling technique development.**
- **Match-simulation drills**
- **Fitness, agility & endurance training**
- **Regular performance reviews**
- **Guidance for professional cricket pathways**

Through our structured program, students receive support in Sports Science basics, Technical Analysis, Strength & Conditioning, Injury Prevention, Nutrition, and Mental Skills, helping them develop physically, technically and mentally. We provide external exposure through inter-academy tournaments, state-level trial preparation, and leadership activities to build real match experience and confidence. Our schedule includes match simulations, tournaments, school-league games, week-end fixtures, and seasonal camps, giving players continuous opportunities to improve and compete.

WE CARRY A MODERN MINDSET AS WE BELIEVE THE GAME HAS CHANGED DRASTICALLY.

Our coaches are all players who have played recently at the highest level. They understand the requirements in today's cricket which is more aggressive and fast paced, we have developed training plans with guidance from experienced mentors to ensure your child reaches their maximum potential.



Cricket FACILITIES



High Performance Training Center



Professional Turf and Practice Pitches



Day and Night Match Ground



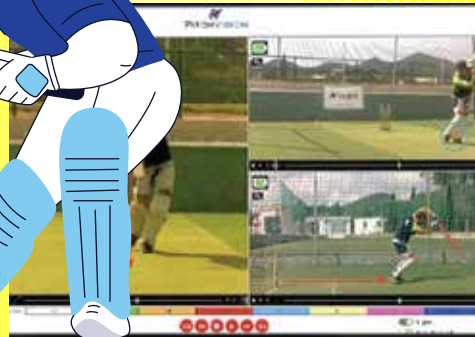
AI Video Analysis



Indoor Net Practice Area (Weather Proof)



Fitness and Conditioning Zone



Other FACILITIES



Swimming Pool



Badminton Court



Basketball Court



Table Tennis



MEET THE TEAM

DIRECTOR

SANDEEP GUPTA
Sandeep Sir's
Doon Defence Academy



MENTOR

CHARLES D THOMSON
Level 3 BCCI & ICC Coach
STYA (UNI of Florida)
15+ years of coaching experience from
U-14 (Ranji Trophy)



COACH

MR. SOUMIK CHATTERJEE
BCCI Level 2, Ex Ranji Captain
& Ex- Ranji Head Coach



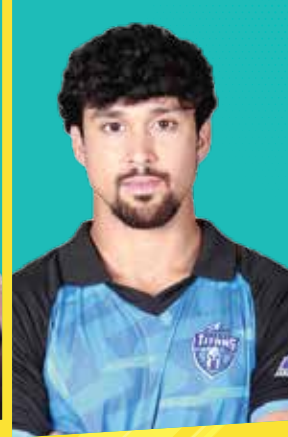
COACH

MR. SARABJIT LALTORA
JKCA Chief Selector | BCCI Level 2
Ex Ranji Head Coach



MENTOR

ARYAN SHARMA
BCCI Level-1 Certified
Former State Selector
Former Coach, U-19 State Team



COACH

GAURAV CHAUDHARY
RANJI TROPHY UTTARAKHAND
U-25 UTTARAKHAND
U-19 UTTARAKHAND



COACH

MS. MANJU BHANDARI
BCCI LEVEL-1 CERTIFIED
FORMER STATE SELECTOR
FORMER COACH U-19 STATE TEAM



PHYSIO

DR. BHARAT MEHRA
PHYSIO - DOON SCHOOL (9 YEARS)
VICE PRESIDENT -
PHYSIO ASSOC. UK MORE THAN
15 YEARS OF EXPERIENCE.



Mr. Pankaj Kandari
Maths



Mr. Ankit Nautiyal
Science



Ms. Jyoti Rai
English



Mr. Naveen Srivas
Maths



EKLAVYA GUPTA, CEO

B.Sc. Sport Management
(LOUGHBOROUGH UNIVERSITY, UK)

UK PREMIER LEAGUE TOP SCORER

U-19 UTTARAKHAND

90% and above in Class 10th and 12th.

U-16 NATIONALS

U-14 NATIONALS

ACADEMIC FACILITIES

We believe that a child's growth happens both in the classroom and within themselves. We have created a supportive environment where students feel safe to ask questions, explore new ideas and build the confidence to stand out. We combine a rigorous curriculum with a structured Personality Development Program designed to build confidence, articulation, and emotional intelligence.

Learning Made Lively

We move beyond rote memorization to make learning interactive and fun.

Smart Classrooms : Bright, technology-enabled rooms where lessons come alive visually.

Small Class Sizes : We keep our batches small so teachers know every student by name, strengths and needs.

Support for Athletes : We offer extra remedial classes for students traveling for sports tournaments, ensuring they never fall behind in their studies.





BUILDING CONFIDENCE (PERSONALITY DEVELOPMENT)

We guide students to become articulate and emotionally strong individuals through three simple daily habits:

Speaking Up

Finding their voice and overcoming shyness. From reading in gatherings to friendly debates, we create opportunities for every child to speak on stage. Our goal is to remove the fear of public speaking and help them express their thoughts clearly and respectfully.

Book Reading

Whether it's an adventure story or a biography of a sports hero, this habit improves vocabulary, concentration and imagination.

Daily Journaling

Understanding feelings and setting goals. Every student is given a personal diary. We encourage them to spend 10 minutes a day writing about their feelings, their sports training, or things they are thankful for. This simple habit helps young minds process their emotions and stay focused on their goals.

BOARDING FACILITIES

At Trishakti, we believe that elite performance in the classroom and on the field starts with quality rest and superior nutrition. Our campus is designed to be a secure "second home" where students learn independence, discipline, and community living.



BOARDING : REST & RECOVERY

Our residential blocks are modern, climate-controlled, and designed to ensure the deep, restorative sleep essential for growing athletes.

Pastoral Care: Dedicated warden available 24/7 to support the child.

Modern Amenities: Spacious rooms with personal storage, ergonomic study units and hygienic, modern washrooms.

Academic Support: supervised evening study hours with resident tutors available for doubt-clearing.

FOCUS : GIRLS' SAFETY & PRIVACY

We uphold the highest standards of safety for our female students with a Dedicated Girls' Wing.

Exclusive Management: The wing is managed entirely by a senior Female Warden who resides within the block.

Maximum Security: The area is guarded 24/7 by female security personnel and monitored by CCTV in common areas.



THE 'CLEAN MESS' : FUELING CHAMPIONS

We bridge the gap between "Healthy" and "Tasty." Our kitchen

ensures every meal aids physical development.

Expertly Curated Menus: Menus are designed by using sports science to balance macro-nutrients.

High-Protein options for muscle recovery.

Complex Carbs for sustained energy.

Dietary Variety: A rotating menu featuring wholesome North and South Indian staples alongside Continental options to prevent palate fatigue.



ADMISSION PROCEDURE



ENQUIRY & REGISTRATION

Parents or guardians can begin the admission process by filling our registration form on our website.



ENQUIRY & REGISTRATION

Students and parents will be invited for an online meeting with our team. This session helps us understand the student's interest in sports, current level of physical fitness and commitment to balancing academics and training.



ADMISSION CONFIRMATION

Based on the interaction and availability of seats, selected students will receive an admission confirmation. Parents will be guided through the completion of required documentation and payment procedures.



ENROLLMENT & ORIENTATION

After confirmation of admission, students will be guided to complete the enrollment process.

DAILY ROUTINE



06.00 AM
- Wake Up



04.00 PM - 06.00 PM
- Practice Session (Match)



06.30 AM - 08.30 AM
- Practice Session (Skill)



06.15 PM - 06.45 PM
- Evening Snacks



08.30 AM - 09.15 AM
- Breakfast and Shower



07.00 PM - 08.00 PM
- Self Study



09.30 AM - 01.30 PM
- Academics



08.00 PM - 08.45 PM
- Dinner



01.45 PM - 03.00 PM
- Lunch and Rest



09.00 PM - 09.30 PM
- Reading/Journal/Stretch



03.00 PM - 03.45 PM
- Sport Study



10.00 PM ONWARDS
- Day Break

RESTRICTED ITEMS

- ✗ Smart Phones.
- ✗ Laptop / I Pad etc.
- ✗ Cameras.
- ✗ Electronic Gadgets.
- ✗ Cigarettes, Alcohol or any unauthorized Drug.
- ✗ Extra Money (Except for Pocket Money).
- ✗ Valuables other than those mentioned.
- ✗ Knife, Weapon or any similar object.
- ✗ Weights for Body Building etc.
- ✗ Any ornament including Gold Chain, Ring, Bracelet etc.

LOCATED IN DEHRADUN HOME TO THE BEST BOARDING SCHOOLS IN INDIA

Dehradun is widely considered the boarding school capital of India, hosting many of the nation's most prestigious and highest-ranked residential institutions. Renowned schools like The Doon School, Welham Girls'/Boys' Schools, and Ecole Globale are recognized for high academic standards, extensive extracurriculars, and excellent infrastructure.



Railway Station - Dehradun

8-10 KM (25 Minutes)



Jolly Grant Airport - Dehradun

32 - 35 KM (1 Hour 15 Minutes)

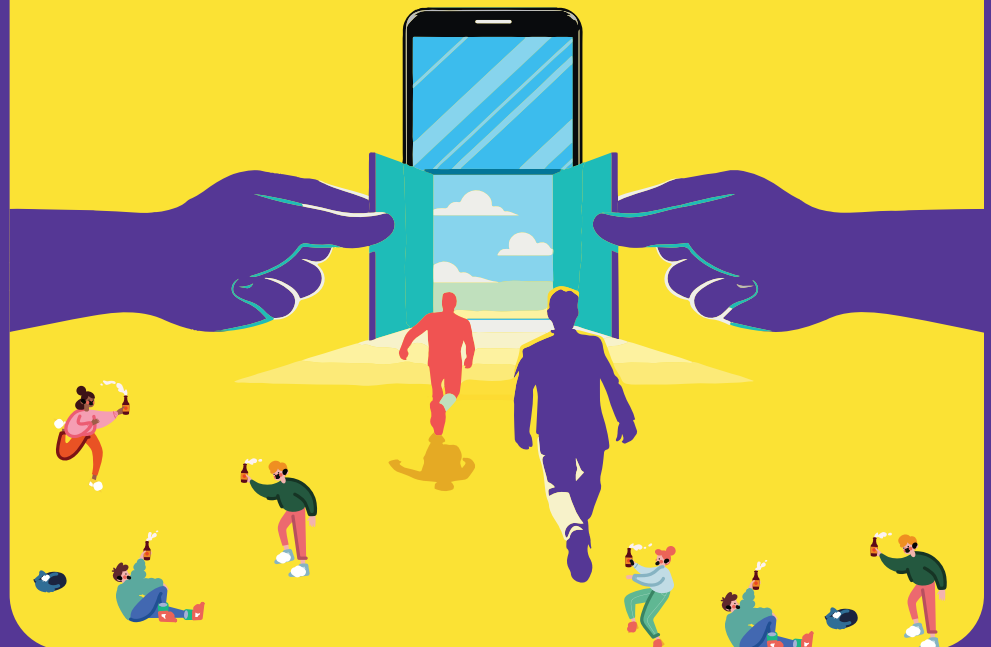


**WE GIVE REGULAR UPDATES THROUGH WHATSAPP
DAILY PHOTOS AND PROGRESS UPDATES**



We uphold the highest standards of safety for our female students with a Dedicated Girls' Wing.
Exclusive Management : The wing is managed entirely by a senior Female Warden who resides within the block.
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**STAYS AWAY FROM
MOBILE PHONE ADDICTION
AND BAD COMPANY**



OUR LOCATION



'Our campus is located in a beautiful valley called Dehradun. Easily accessible by air, rail and roads it is celebrated as the 'School Capital of India,' Dehradun offers a legacy of academic excellence nestled in the serene foothills of the Himalayas. The city provides a POLLUTION-FREE ENVIRONMENT with a moderate climate year-round creating the ideal conditions for rigorous sports training and focused academic pursuits. Dehradun offers a safe, healthy and inspiring sanctuary where students can breathe fresh air, connect with nature, and grow into their best selves.'

TAKE A LOOK AT OUR WEBSITE AND SOCIAL MEDIA ACCOUNTS TO SEE WHAT WE ARE ALL ABOUT

Trishakti Youth Hub



Sandeep Sir's Doon Defence Academy







Start Your Journey

Where Potential Meets Opportunity
We know that choosing a boarding school is a family decision. We don't just want you to read about us—we want you to experience the energy of our campus, the safety of our hostels, and the spirit of our playground. You are Invited!
Come for a Campus Tour. Walk through our classrooms, taste the food in our mess, and meet the coaches who will mentor your child.

CONTACT US



(A Unit of Sandeep Sir's Doon Defence Academy)

Address : Opposite Bharat Petroleum
Sahastradhara Road, Dehradun-248001
Uttarakhand (India)



VISIT US

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